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Providing the latest dish on Child Nutrition News and information

Volume 3, April 2005

"Scoops"

is published quarterly by the
Arizona Department of
Education, School Health and
Nutrition Team
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SNA LAC 2005



Arizona Delegation

The 33rd annual Legislative Action Conference was held in Washington, DC March 13-16th. The emphasis of this year's conference revolved around the following acronym:

B (Budget Reconciliation) Congress was urged to exempt child nutrition programs from any type of budget reconciliation requirements that might be enacted.

E (Elimination of Reduced Price) Congress was asked to appropriate the needed funds to carry out the pilot program that eliminated the reduced price meal category.

S (Summer Food Service Program Expansion) SNA recommended that Congress expand the number of states participating in the Lugar Pilot to include all states.

T (Team Nutrition Network and Nutrition Promotion) 50 cents per enrolled child per year to implement this program is what SNA asked of Congress to fund the promotion of healthy eating and physical activity.

The keynote speaker, Donna Brazile provided a high energy presentation that motivated and energized the audience. The conference provided a wide range of speakers from Congressmen Henry Bonilla (R-TX) and James McGovern (D-MA) to Congresswoman Marcy Kaptur (D-OH) and Senator George McGovern.

A series of breakout sessions provided attendees with the knowledge to charge the hill and effectively bring their message to their states' Representatives and Senators. *First timers session*, *Using the web for legislative action* and *Working with the media* were just a few of the many helpful sessions available.

The Honorable Michael Johanns, Secretary of Agriculture was warmly greeted by all. USDA provided a panel of experts including Stan Garnett, Roberto Salazar and Alberta Frost to provide updates on new requirements and regulations in Child Nutrition. Topics covered include the Local Wellness Policy and the new HACCP requirement. More detailed guidance from USDA and the Arizona Department of Education will be forthcoming shortly.

Karen Johnson, SNA national president, spoke at the Hearing on Capitol Hill. She followed Senator Elizabeth Dole in addressing the Senate Committee on Agriculture, Nutrition and Forestry.



Karen emphasized the points outlined above and stressed the importance of feeding our country's most important resource, our children. She eloquently presented each issue to the committee. Well done Karen and all the Arizona delegates. You make the state of Arizona proud.

*Paula Barletta of Yuma and Senator Elizabeth Dole
Hearing of the Senate Committee on Federal Child Nutrition Programs*

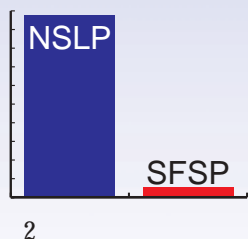
Circulate to: ☐ Principal ☐ School Nurse ☐ Health Teacher ☐ Kitchen staff
☐ Business Manager ☐ Secretary/Bookkeeper

Summer food off to a great start

Summer food 2005 got off to a terrific start with the 2nd annual Summer Food Kick off event on March 22nd. Sponsors and potential sponsors from around the state came to hear from our panel of local experts as they described their particular summer feeding programs. Gilbert Mendivil from Santa Cruz Valley, Rick Littell from Humboldt Unified School District and Sharon Horse from Red Mesa Unified District all shared their success stories. They energized the room and helped squelch any doubts of potential new sponsors. In addition to our panel of experts, we also heard from Christy Porter of Desert Cities Hunger Action in Cocahella Valley, California.

Christy provided helpful information on how to increase participation. She wrote a pamphlet detailing 49 ways to reach out to children. This will soon be posted on the ADE website www.ade.az.gov/health-safety/cnp/sfp/. One method that received much positive response included the idea of contacting your local police department. They often have a collection of unclaimed or confiscated bikes and other items which Christy used to raffle off on Fridays. If a child came for a meal each day, they had their card stamped and on the fifth day, they were eligible to be entered into a drawing to win a bike. Now that's an incentive to pull kids into your program!

Only 5% of students on NSLP actually participate in the SFSP. Children can and do go hungry in the summer months. We invite you all to explore this very important program today.



Moving towards a Healthier Arizona

The State of Arizona was recently awarded two grants to build school and community support for creating healthy school environments that are conducive to healthy eating and physical activity through implementing the Arizona Healthy School Environment Model Policy. Stakeholders of the Arizona State Team of Action for Healthy Kids developed this policy out of their dedication to improving the health of Arizona students. The Arizona Department of Education (ADE) is an active stakeholder in the coalition. The policy encourages healthier school food options, increased physical activity, and limiting students' consumption of "junk" foods during school hours.

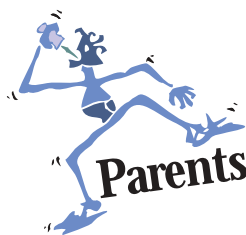
The 2005 Team Nutrition Grant is a two-year grant awarded by the U.S. Department of Agriculture that will allow the ADE's Health and Nutrition Services to further study the impact of changing the nutrition and physical activity environment specifically at the junior high and senior high school level where the majority of competitive food sales occur by offering mini-grants to implement the model policy. Congratulations to the 2005 Team Nutrition mini-grant recipients!

- **Flagstaff High School** (Flagstaff Unified School District)
- **Cesar Chavez High School** (Phoenix Union HS District)
- **Sierra Middle School** (Sunnyside School District)
- **Prescott Mile High Middle School** (Prescott Unified)
- **Thunder Mountain Middle School** (Apache Junction Unified School District)

Steps to a Healthier Arizona (STEPS) Initiative is a collaboration of several state and community agencies focused on reducing the burden of obesity, asthma, and diabetes among Arizona children. Arizona is one of twelve initial grantees to receive grant funds from the U.S. Department of Health and Human Services Centers for Disease Control. The 2005 STEPS mini-grants will permit four schools K-12 in southern Arizona to implement the Arizona Healthy School Environment Model Policy. Congratulations to the 2005 STEPS mini-grant recipients!

- **Pena Blanca Elementary** (Santa Cruz Valley Unified School District)
- **San Cayetano Elementary** (Santa Cruz Valley Unified School District)
- **Carmichael Elementary** (Sierra Vista Unified School District)
- **Pache Middle School** (Sierra Vista Unified School District)

Between the two grants, a total of nine schools will pilot the model policy during the fall semester of the 2005-2006 school year. ADE will collect pre and post profit and loss data including sales, labor, food costs, indirect costs, etc. from the pilot schools in order to evaluate the net financial and nutritional impact of the healthy school model policy. Health and Nutrition Services hopes the results from the pilot schools will support the 2004 Team Nutrition Grant, which was completed in eight schools across Arizona during their 2003 fall semester. The results are located at <http://www.ade.az.gov/health-safety/cnp/teamnutrition/results2003-2004/>. They show that schools can offer healthier food choices and it will not cause any financial loss or hardship. These grants will allow the ADE and its partners the opportunity to further lead the fight against the current epidemic of childhood obesity and inactivity in Arizona.



Parents weigh in on Middle School Food Choices

Due to the growing epidemic of childhood obesity, schools are seen as having a critical role in promoting lifelong healthy eating. School vending machines, a la carte programs, and school stores, to name a few, have been recognized as important factors contributing to the dietary behavior of America's children.

Studies show that most parents and teachers believe the nutritional health of students should be a school priority. Unfortunately, 18% of parents and 31% of teachers feel that schools do not provide enough concentration on student nutrition. An overwhelming 90% of parents and teachers believe that more healthy snacks and beverages should be made available in school vending machines and on school a la carte lines. Furthermore, both parents and teachers believe a school food policy is important and should address food use in the classroom and types of foods and beverages offered in vending machines.

With the obesity epidemic creating headlines almost daily, schools understand the importance they have in creating a healthy school environment. Since students spend the majority of their time at school, this will be a great place to teach healthy lifestyles and promote them by offering healthy snacks and beverages.



Kubik, Martha Y., et al. "Soft Drinks, Candy, and Fast Food: What Parents and Teachers think about the Middle School Food Environment." *Journal of the American Dietetic Association* (February 2005, pages 233-239)

Calendar of Events

Date	Health & Nutrition Services Trainings	Location	Time
<i>Summer Food Service Program Sessions</i>			
4/4/2005	Seamless Waiver SFSP	Flagstaff	1:00-4:00
4/5/2005	Traditional SFSP	Flagstaff	9:00-4:00
4/7/2005	Food Distribution Computer Based Training	Flagstaff	8:30-11:30
4/7/2005	Food Distribution Computer Based Training	Flagstaff	1:00-4:00
4/21/2005	Food Distribution Computer Based Training	Tucson	8:30-11:30
5/17/2005	Traditional SFSP	Phoenix	9:00-4:00
5/18/2005	Seamless Waiver SFSP	Phoenix	1:00-4:00
<i>Professional Development Conferences</i>			
4/21-23/2005	SNA National Leadership conference	Colorado Springs, CO	
6/22-24/2005	Arizona Dietetic Association FNCE	Tucson, AZ	
5/5/2005	SNA Local Wellness Policy Seminar (sponsored by National Dairy Council)	juliej@schoolnutrition.org to register	

To register for all ADE classes go to www.ade.az.gov/online-registration

Food Distribution Spring Update

The Arizona Department of Education would like to thank all sponsors who participated in the Planned Usage Survey in February. This survey helps the Arizona Department of Education operate a sponsor driven commodity program. The survey has been consolidated and the ADE has ordered the requested B commodities for the upcoming school year. Each sponsor who participated in the survey will receive a confirmation report in May that states the B commodities they will receive and which month they will receive them for the 2006 fiscal year. For those sponsors that did not participate in the survey, please refer to surplus often in order to utilize B Commodities for next school year.

In addition to the Planned Usage Survey, many sponsors participated in the Cheese Processing and the Remaining Commodities Survey. All processing orders have been consolidated and placed for processing for the 2006 school year.

As we enjoy this beautiful spring weather, keep in mind that the summer is right around the corner! For sponsors participating in the Seamless Waiver, plan on continuing the use of your NSLP commodities for the program. For sponsors participating in the Traditional SFSP, you have the option of participating in the Food Distribution program for the summer. This is a great way to supplement your summer program.. Please be sure to indicate your participation on the SFSP application so that we may set aside commodities for your use.

Thank you and have a wonderful spring season!

New Mandate for NSLP Sponsors:

A HACCP (Hazard Analysis
Critical Control Points) Plan

Under the direction of Mary Szafranski, the Arizona Department of Education, Health and Nutrition Services, has placed priority on providing training and assisting schools with implementing a HACCP program.

What we have in store for YOU:

A Two-Phase Training Program, starting right-way-in May!

It is highly recommended that all NSLP place priority on attending one of these upcoming trainings in order to get the ball rolling towards meeting this new requirement.

Here is our schedule if you'd like to start planning...

PHOENIX: May 6, 2005
May 24, 2005

TUCSON: May 10, 2005

YUMA: May 12, 2005

FLAGSTAFF: May 26, 2005

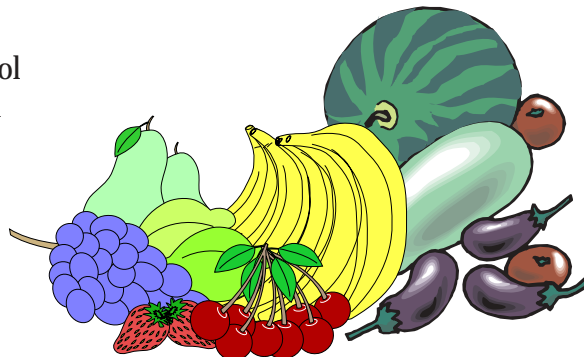
All classes 10 am – 4 pm

Also in May, we are expecting the specifics from the USDA on this HACCP Plan mandate including required documentation, guidance tools, how HACCP will be covered during the Coordinated Review Effort (CRE), and a possible gradual implementation schedule. Watch for updates on the Health and Nutrition Services web page <http://www.ade.az.gov/health-safety/>.

Fruits and Vegetables for Arizona

The Arizona Department of Education has been awarded a new program entitled the “**Fruit and Vegetable Program**”! This exciting, innovative program began as a pilot in the 2003-2004 school year in five states. The pilot was an overwhelming success. The Child Nutrition and WIC Reauthorization Act of 2004 made the Fruit and Vegetable Pilot Program permanent. The pilot states were expanded to include three additional states and two Arizona Native American reservations. The Tohono O’Odham and Gila River Indian Communities began receiving fresh fruits and vegetables to implement the program in the following schools:

- Gila Crossing Community School
- Casa Blanca Community School
- Santa Rosa Boarding School
- San Simon School
- Akimel O’Otham Pee Posh
- San Xavier Mission School
- Tohono O’Odham High School
- Santa Rosa Ranch School



The program provides fresh fruits and vegetables to children at any time during the school day! Before school, after school, between classes, any creative way that can be utilized to surround students with fresh fruits and vegetables is expected. Sponsors are encouraged to provide nutrition and agricultural education to the children in their school. USDA has partnered with the National 5 a Day program to promote the consumption of at least five servings of fruits and vegetables a day. Schools are also encouraged to educate children on native fruits and vegetables available to them from their own local community.

This exciting program kicked off in January and sponsors are now beginning to purchase fruits and vegetables from local farmers, farmers markets, and commercial vendors. The ***Fruits and Vegetables Galore*** kit created by USDA provides schools with a wonderful tool for educating students on the importance of fresh fruits and vegetables. Schools do not have to be on this program to benefit from this terrific resource.

To learn more about the Fresh Fruit and Vegetable program please visit the USDA FNS website at: www.fns.usda.gov/cnd/Research/FV030063.pdf to learn more about the ***Fruits and Vegetables Galore*** kit visit the Team Nutrition website at: http://www.fns.usda.gov/tn/Resources/fv_galore.html

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